

344 Horizontal Lying Leg Press

300 series, Selectorized machines



With the Gymleco 344 Horizontal Lying Leg Press, you can effectively train the entire lower body. Foot placement variations allow you to target specific muscle groups.

The machine features a comfortable heavy-duty lying pad, stable shoulder supports, and an adjustable footplate to help every user find the optimal position regardless of body size.

- Adjustable footplate
- Heavy-duty lying pad
- Shoulder supports
- Weight stack Standard: 150 kg

Length	Width	Height	Weight
221 cm	116 cm	162 cm	316 kg