

369 Gymleco Multihip

300 series, Selectorized machines / Multimachines



Gymlecos Multihip trains the inside / outside of the thigh, gluteus (seat), hamstrings, hip muscles (including the hip flexor) and the back of the thigh.

This is a multifunctional hip training machine that is very easy to adjust and fits all body lengths.

The machine has an easily accessible and clear instruction board where the user is given clear instructions on the performance of the respective exercise.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Ergonomically designed
- Weight block: 60 kg
- Larger weight block (optional)

Lenght	Width	Height	Weight
115 cm	110 cm	160 cm	177 kg

No maintenance needs.