

357 Gymleco Forearm Curl

300 series, Selectorized machines



In this compact little machine you can easily and effectively train your forearms with traditional forearm curl exercise.

The machine has a so-called split weight magazine for light starting weights and satisfies the novice as well as the demanding athlete's needs.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Weight block: 80 kg
- Larger weight block (optional)
- Easy to use

Lenght	Width	Height	Weight
93 cm	78 cm	103 cm	152 kg

No maintenance needs.