

324 Gymleco Pullover

300 series, Selectorized machines



This is a machine that should be in every gym. This Gymleco machine allows a long anatomical movement that starts above the head and goes in a straight arc down to the legs.

Articulated handle makes the movement smooth. The footrest ensures that you sit firmly with good support for the lower back. An exercise involving the entire upper body.

Exercises the back muscles, shoulders, arms and chest.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Weight block: 100 kg
- Larger weight block (optional)
- Pedal for easy access to the handle from sitting.

Lenght	Width	Height	Weight
143 cm	89 cm	172 cm	190 kg

No maintenance needs.