

193S Gymleco decline bench, curved

100 series Basic equipment



Gymleco's newest addition of strength training benches. An adjustable bench with negatively angled backrest – perfect for both chest press and sitting triceps exercises with both dumbbells and a barbell.

The backrest can be adjusted in 8 different positions. The seat cushion can be set in 4 different positions.

- Width cushion: 240 mm
- Easy and easy to set up
- Stable bench that can withstand very high loads
- Spinal motion on the backrest
- Comes with wheels and handles for easy transport.
- Standard frame color: black
- Standard color cushion: black

Lenght
133 cm

Width
45 cm

Height
42-115 cm

Weight
33 kg

No maintenance needed
Clean with gentle detergents

Gymleco®