

067 Gymleco Hip & Back Extension

10 series, Plate Loaded



The Gymleco Hip & Back Extension is a high-quality, user-friendly machine designed for effective training of the glutes, hamstrings, and lower back. Its plate-loaded system ensures smooth, controlled resistance in every repetition.

The biomechanically optimized design follows the body's natural movement path, maximizing muscle activation while reducing the risk of improper loading. Fully adjustable to suit all users, regardless of experience level or training focus.

Built for commercial use with a durable, compact, and space-efficient design.

- Integrated bar with handles
- Stable and controlled movement
- Adjustable for different users
- Targets glutes, hamstrings, and lower back
- Standard cushion color: black / red

| Length | Width | Height | Weight |
|----------|-------|--------|--------|
| 166,5 cm | 80 cm | 87 cm | 67 kg |

Maintenance free
Clean with gentle detergents